

How to Provide a Saliva Sample

1

Please follow the instructions below

A video of these can also be found by clicking on the button below:



Please do not eat, drink, smoke, chew gum or brush your teeth for 30 minutes before providing your saliva sample



2



Fill line

Easy collection in 2 to 5 minutes

(After removing the tube from the plastic packaging)

Rub cheeks for 30 seconds to assist with the production of saliva.

Now, spit into funnel until the saliva (not bubbles) reaches the fill line.

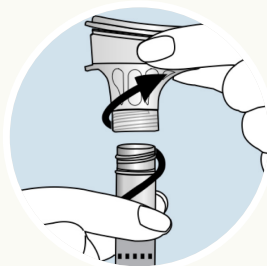
3



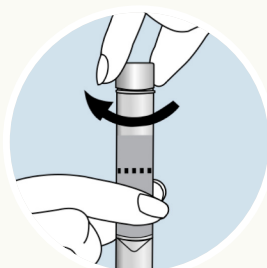
Close lid tightly by pushing down hard on the funnel lid until you hear a loud click.

The liquid in the top of the funnel will mix with your saliva.

4

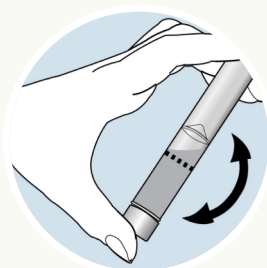


Unscrew the funnel from the tube and replace with small cap.



Cap must be fitted tightly.

5



Shake for 5 seconds.

6

How to Return Your Sample

1



Your genetic test arrive in a Courier envelope

On opening you will transportation box the genetic test kit

*We ask that you your sample collector (see 1)

To return your saliva sample, follow the **“How to Return Your Genetic Test kit”**